

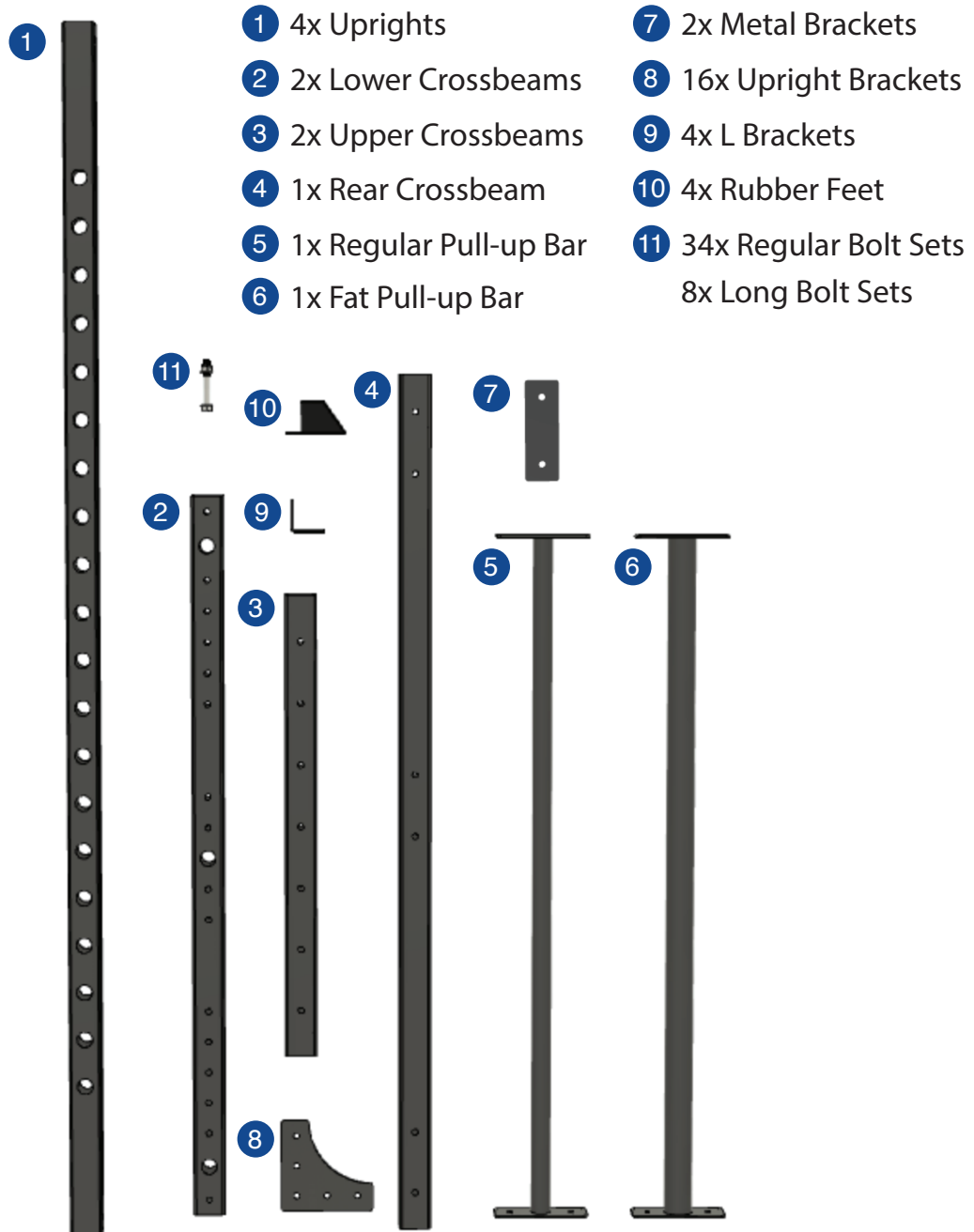
NEXO FITNESS



N200 4X4 Power Rack

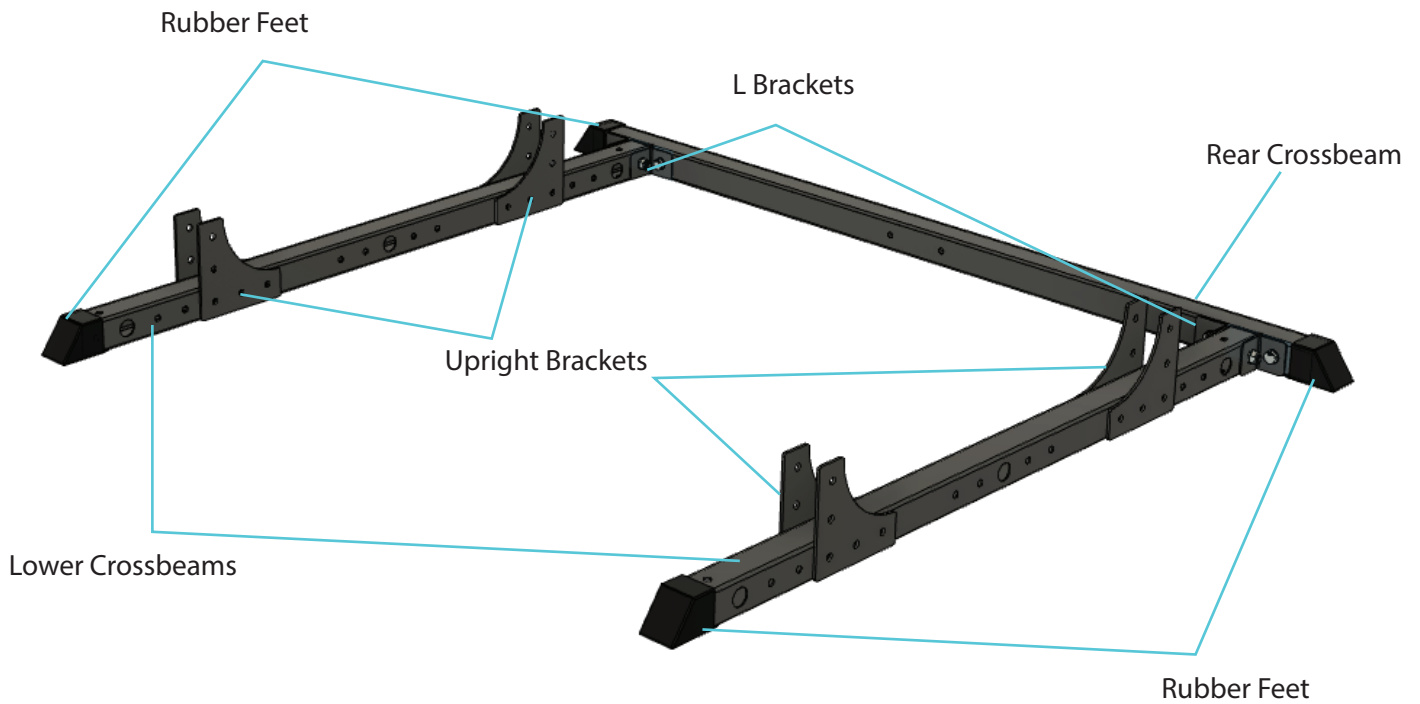
PARTS CHECK

All nuts and bolts use a 17mm socket or wrench.



STEP 1

Assemble the base of the rack using 2x Lower Crossbeams, 1x Rear Crossbeam, 4x L Brackets, 8x Upright Brackets, 4x Rubber Feet, and 18x Regular Bolt Sets.



STEP 2

NOTE: Remove the end caps from all of the uprights. You will use four of these in a later step. A flat head screwdriver will work.



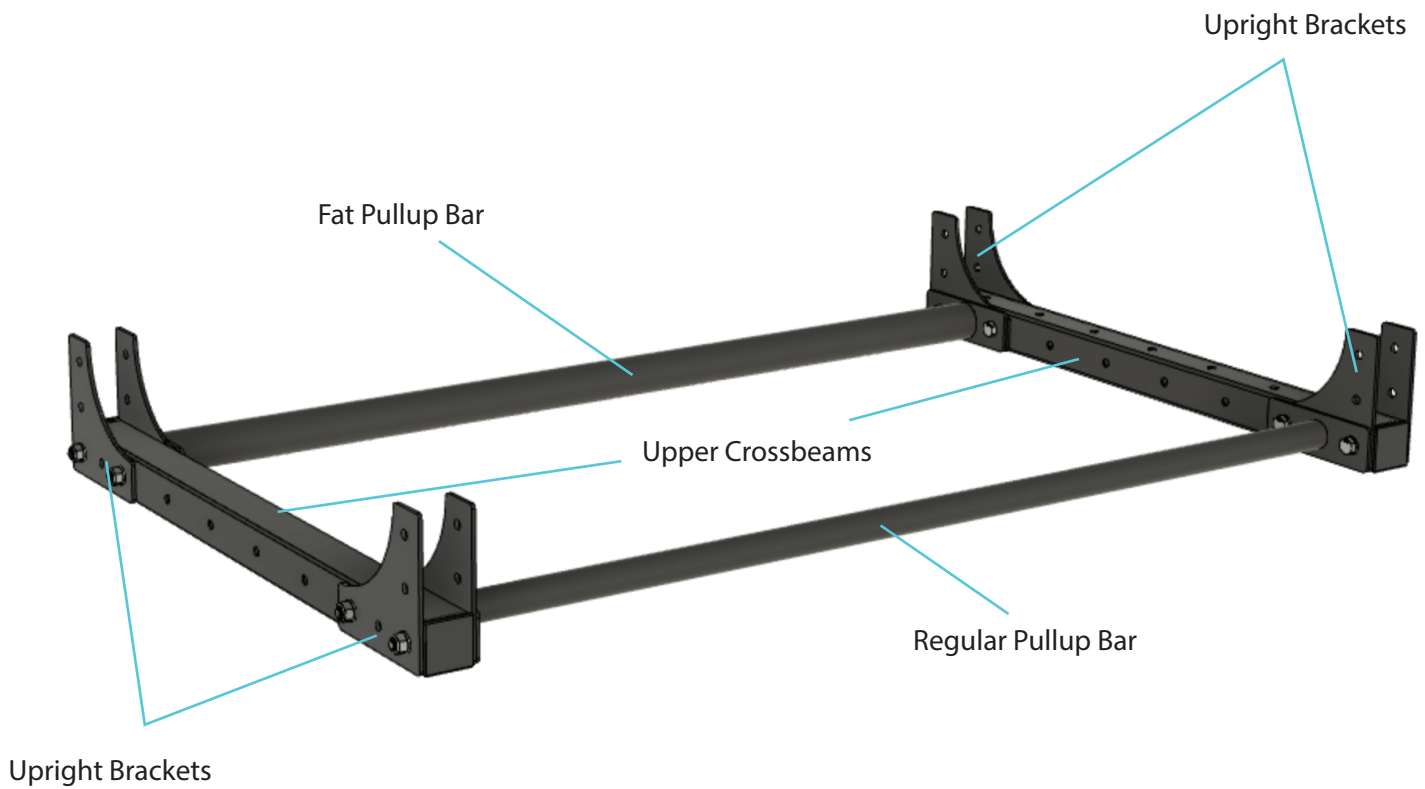
Assemble 4x Uprights to the base of the rack using 8x Regular Bolt Sets. There is no top or bottom, just make sure the 1inch holes are oriented like the picture.



STEP 3

Assemble the top of the rack using 2x Upper Crossbeams, 1x Regular Pullup Bar, 1x Fat Pullup Bar, 8x Upright Brackets, and 8x Long Bolt Sets.

NOTE: You can place four of the upright endcaps into the upper crossbeams



STEP 4

With a friend, install top of the rack onto the Uprights using 8x Regular Bolt Sets. One person should hold the top in place while the other goes around to insert bolts. Be sure to put your preferred pull-up bar toward the front of the rack.



STEP 5

Now you may tighten all the bolts up, it will be easiest with a power drill as we include locking nuts with every bolt set. If you have any questions at all please don't hesitate to call us at 904.747.0789 or email sales@strengthdepot.com



NEXO FITNESS