

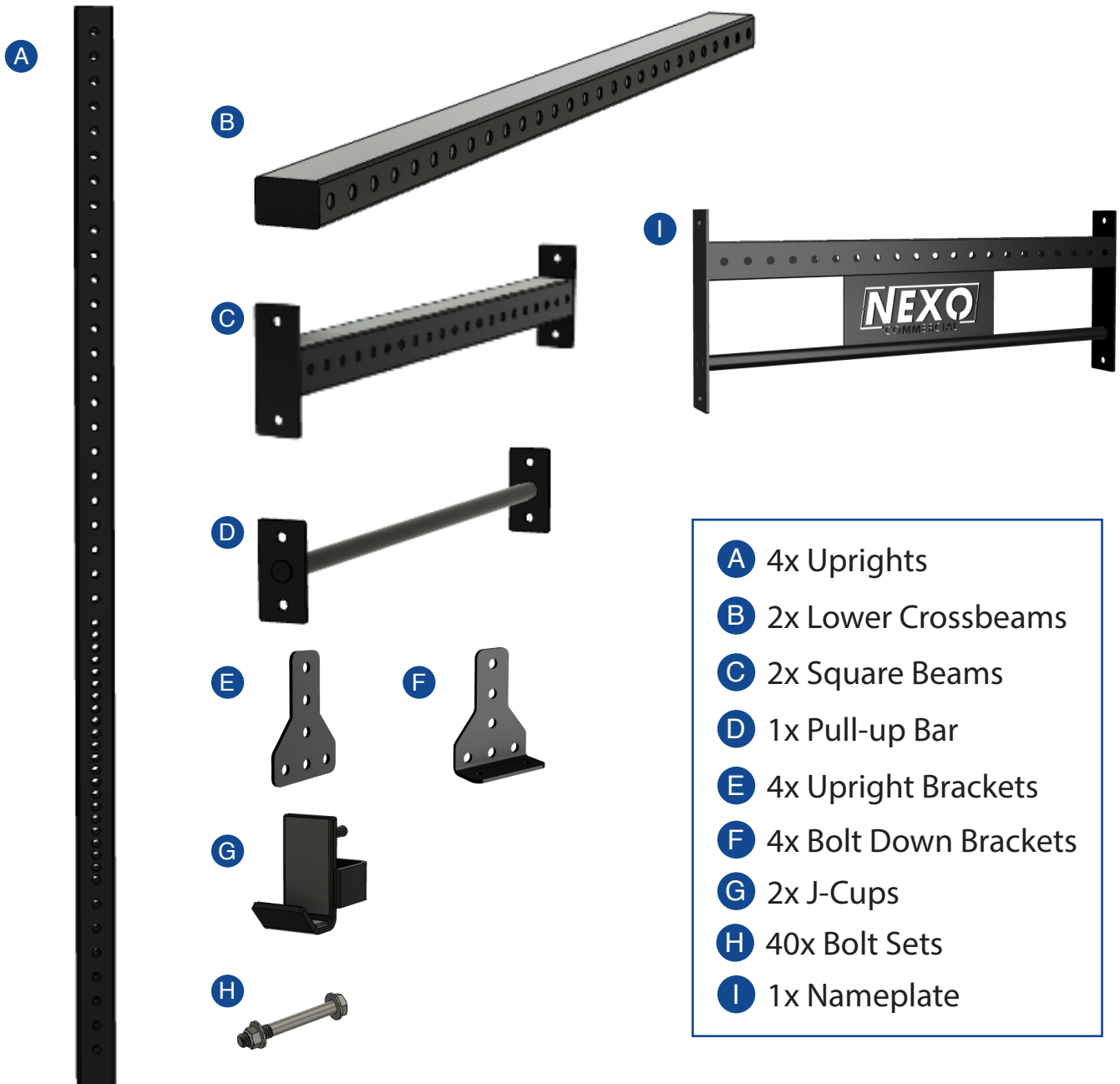


# Commercial 4x4 Power Rack

LIFETIME WARRANTY

# PARTS CHECK

All nuts and bolts use a 24mm socket or wrench.



- A 4x Uprights
- B 2x Lower Crossbeams
- C 2x Square Beams
- D 1x Pull-up Bar
- E 4x Upright Brackets
- F 4x Bolt Down Brackets
- G 2x J-Cups
- H 40x Bolt Sets
- I 1x Nameplate

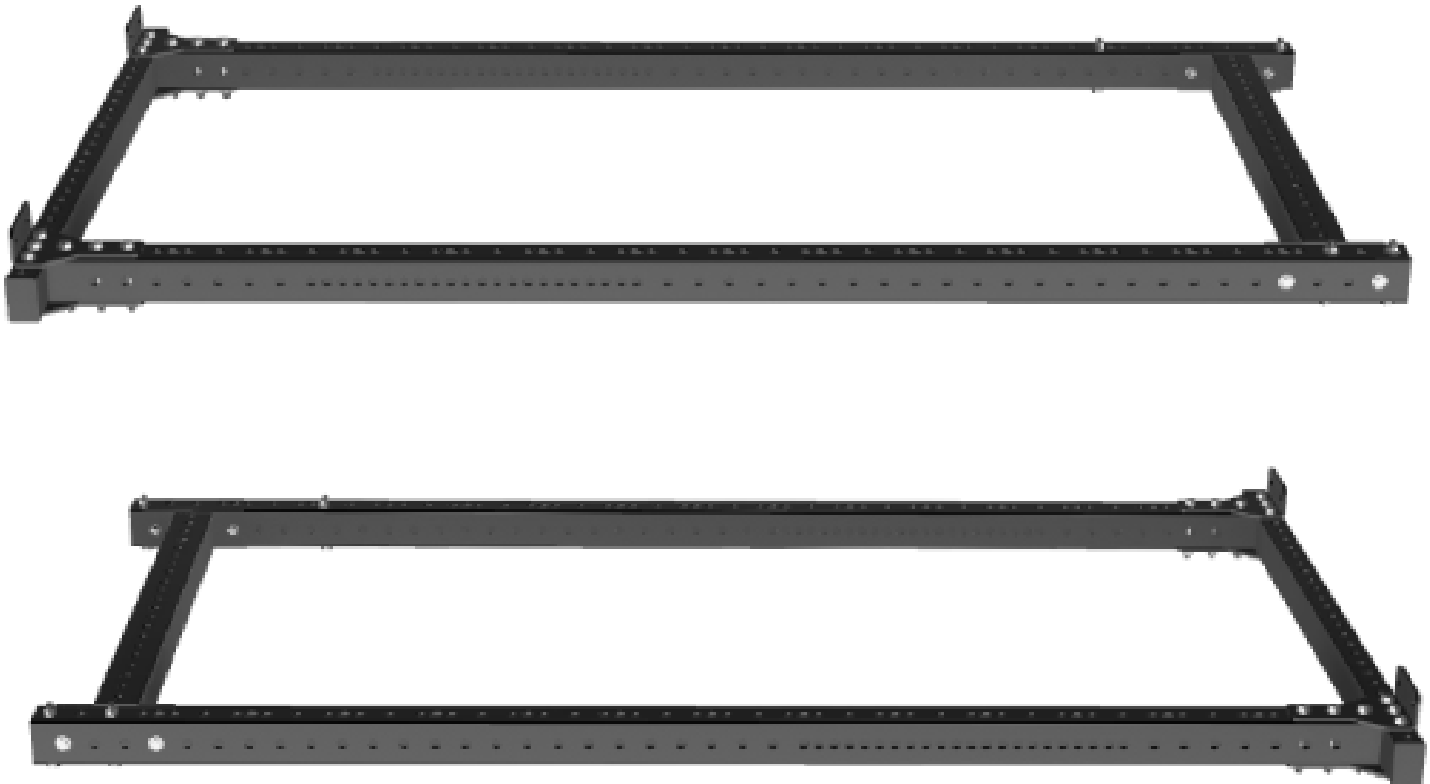
**NEXO** FITNESS

# STEP 1

Assemble each side of the rack on the ground—the only difference between each side is the position of the Bolt Down Brackets.

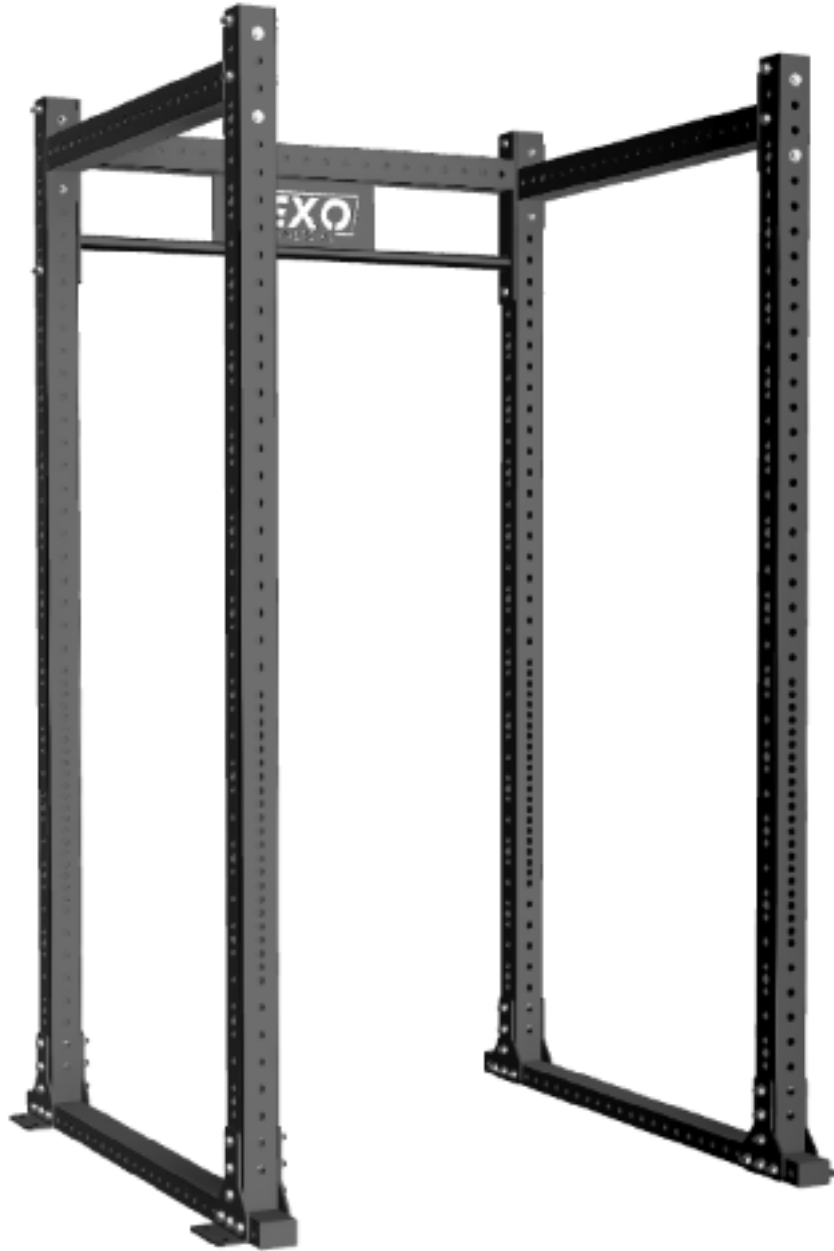
Using 2x Uprights, 1x Lower Crossbeam, 1x Square beam, 2x Upright Brackets, 2x Bolt Down Brackets, and 16x Bolt Sets for each side.

Start each upright bracket on the 2nd hole from the end of the lower crossbeam.



## STEP 2

With a partner, stand each side up and connect the Nameplate using 4x bolt sets.



**NEXO** FITNESS

# STEP 3

Now assemble the Pull-up bar at your desired height using 4x Bolt Sets.

Congrats! Your rack is ready to use, be sure to check your bolts before every workout



If you have any questions at all please don't hesitate to call us at 904.747.0789 or email [sales@strengthdepot.com](mailto:sales@strengthdepot.com)

**NEXO** FITNESS