

**NEXO** FITNESS



# Commercial 4x6 Power Rack

LIFETIME WARRANTY

# PARTS CHECK

All nuts and bolts use a 24mm socket or wrench.



- A 6x Uprights
- B 2x Base Beams
- C 2x Square Beams
- D 1x Pull-up Bar
- E 8x Upright Brackets
- F 4x Bolt Down Brackets
- G 2x J-Cups
- H xxxx Bolt Sets
- I 1x Nameplate
- J 2x Base Beam Ext
- K 2x Short Square Beam
- L 8x Weight Pegs

# STEP 1

Assemble each side of the rack on the ground—the only difference between each side is the position of the Bolt Down Brackets.

Using 3x Uprights, 1x Base Beam, 1x Base Beam Ext, 1x Square beam, 1x Short Square Beam, 4x Upright Brackets, 2x Bolt Down Brackets, and 24x Bolt Sets for each side—Not including the weight pegs, you can install those now or wait until the rest of the rack is complete.



The longer Base Beam will be at the front of the rack with the Base Beam Ext directly behind it. From the front, skip 3 holes then add your first pair of upright brackets. From the back of the Base Beam Ext, add your next pair of upright brackets. From that rear set of brackets, skip 6 holes and add your middle pair of upright brackets, this set should be partly on the front and rear beams to secure them together.



**NEXO** FITNESS

# STEP 2

With a partner, stand each side up and connect the Nameplate and pull-up bars using 4x bolt sets each. You can now tighten all bolts

Note: You can mount the pull-up bar to your preferred height. The example below is with it all the way at the top.



**NEXO** FITNESS

# COMPLETE

Congrats! Your rack is ready to use, be sure to check your bolts before every workout



**NEXO** FITNESS