

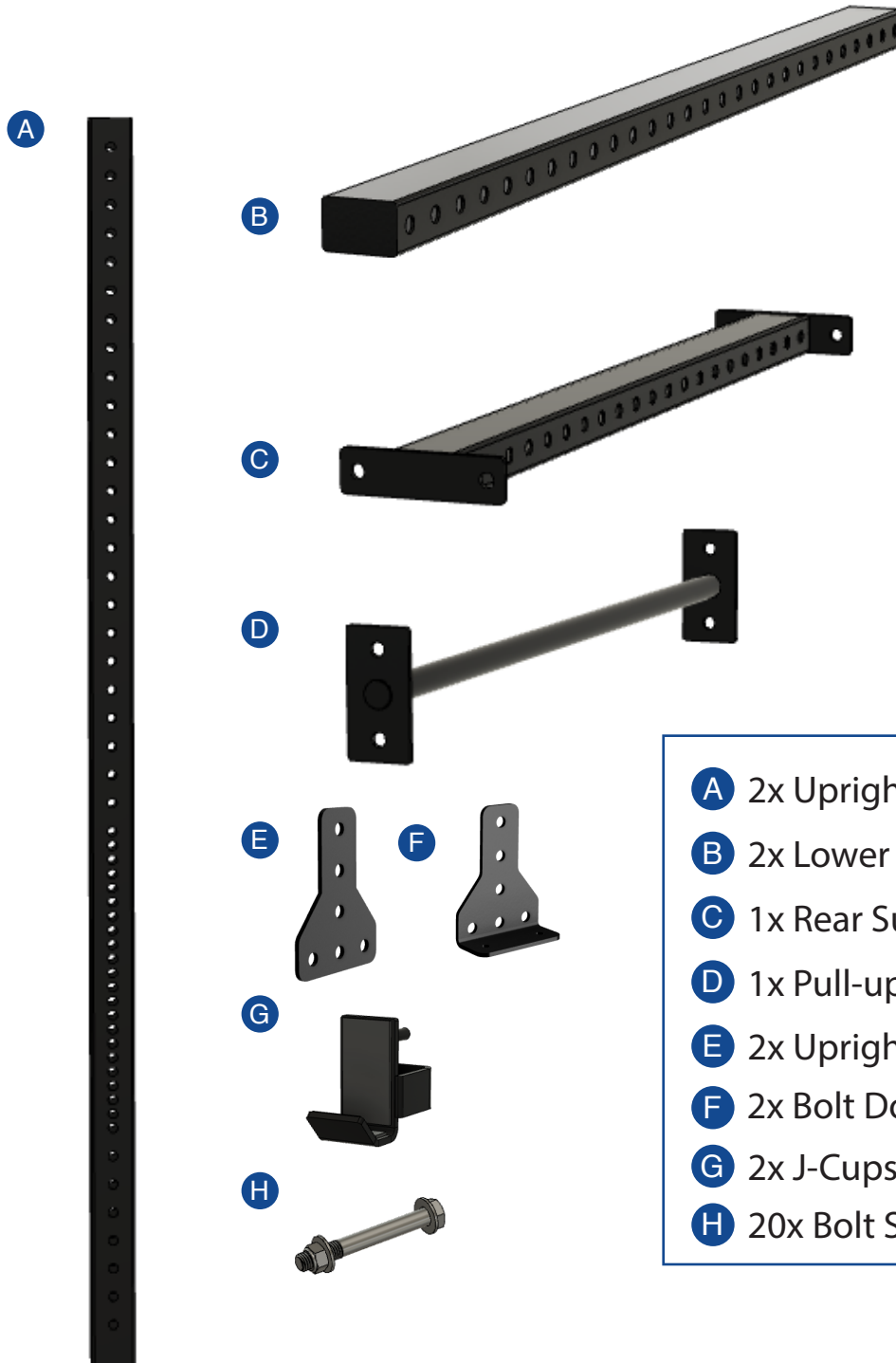


Commercial Squat Stand

LIFETIME WARRANTY

PARTS CHECK

All nuts and bolts use a 24mm socket or wrench.



- A 2x Uprights
- B 2x Lower Crossbeams
- C 1x Rear Support Beam
- D 1x Pull-up Bar
- E 2x Upright Brackets
- F 2x Bolt Down Brackets
- G 2x J-Cups
- H 20x Bolt Sets

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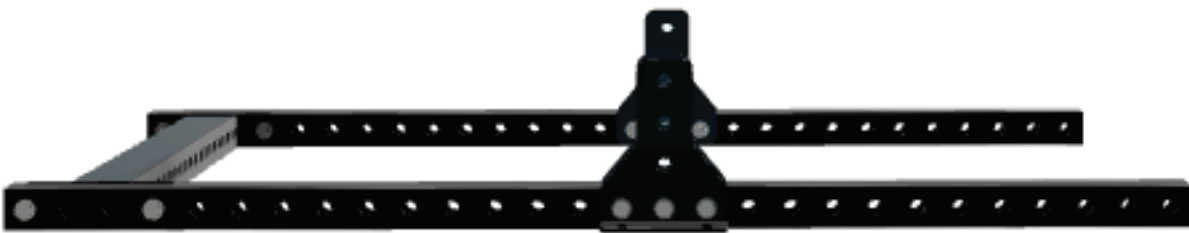
STEP 1

Assemble the base of the rack using 2x Lower Crossbeams,
1x Rear Support Beam, and 4x Bolt Sets.
You can securely tighten these bolts.



STEP 2

Assemble the 2x Upright Brackets and 2x Bolt Down Brackets to the Lower Crossbeams using 6x Bolt Sets.
Only hand tighten these bolts.



STEP 3

Now you can bolt the 2x Uprights on your base using the Upright Brackets and 6x Bolt Sets. Be sure the side with Westside spacing is facing forward. Only hand tighten these bolts.



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STEP 4

Assemble the 1x Pull-up bar at your desired height using 4x Bolt Sets and then tighten all bolts.

Congrats! Your rack is ready to use, be sure to check your bolts before every workout



If you have any questions at all please don't hesitate to call us at 904.747.0789 or email sales@strengthdepot.com

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